

BOREAL QUALIFIED TO TRADE ON THE OTCQB VENTURE MARKET IN THE UNITED STATES

Vancouver, B.C., August 26, 2019. Boreal Metals Corp. ("Boreal" or the "Company") (TSXV:BMX) a Vancouver based mineral exploration company focused on the discovery of zinc, copper, silver and gold deposits in exceptional, historical mining projects areas in Scandinavia, has been approved to trade on the OTCQB Venture market in the United States under the symbol "BORMF". Boreal will continue to trade on the TSV Venture Exchange under the symbol "BMX".

The OTCQB platform facilitates the trading of Boreal equities for existing and future US-based shareholders by providing convenient access to its news and financial disclosures.

"With the rapid advancement of our Gumsberg silver and base metals project," stated Patricio Varas, Chief Executive Officer. "We are excited to announce that we are trading on the OTCQB Market allowing a much larger group of investors to become shareholders in Boreal."

Boreal was sponsored for OTCQB by Dorsey & Whitney LLP, a law firm responsible for providing the Company guidance on OTCQB requirements.

U.S. Investors can find current financial disclosure and Real-Time Level 2 quotes for Boreal at: https://www.otcmarkets.com/stock/BORMF/quote

About Boreal Metals Corp.

Boreal is a mineral exploration company focused on the discovery of zinc, copper, silver, and gold deposits in exceptional, historical mining project areas spanning Sweden and Norway. The Company aims to discover new economic mineral deposits in known mining districts that have seen little or no modern exploration. The Company is led by an experienced management team and technical team, with successful track records in mineral discovery, mining development and financing.

On behalf of Boreal Metals Corp.

Patricio Varas, Chief Executive Officer

For more information on Boreal, please visit the Company website at www.borealmetals.com or contact Alexandra Woodyer Sherron at +1.604.922.8810 or info@borealmetals.com.

Neither TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.



Cautionary Note Regarding Forward-Looking Statements

This news release contains certain statements that may be deemed "forward-looking statements". Forward-looking statements are statements that are not historical facts and are generally, but not always, identified by the words "expects", "plans", "anticipates", "believes", "intends", "estimates", "projects", "potential" and similar expressions, or that events or conditions "will", "would", "may", "could" or "should" occur. Although Boreal Metals Corp. believes the expectations expressed in such forward-looking statements are based on reasonable assumptions, such statements are not guarantees of future performance, are subject to risks and uncertainties, and actual results or realities may differ materially from those in the forward-looking statements. Such material risks and uncertainties include, but are not limited to, Boreal Metals Corp.'s ability to raise sufficient capital to maintain its mineral tenures and concessions in good standing, to explore and develop its projects, to repay its debt and for general working capital purposes; changes in economic conditions or financial markets; the ability of Boreal Metals Corp. to obtain the necessary permits and consents required to explore, drill and develop the projects and if obtained, to obtain such permits and consents in a timely fashion relative to Boreal Metals Corp.'s plans and business objectives for the projects; the general ability of Boreal Metals Corp. to drill test its projects and find mineral resources; if any mineral resources are discovered or acquired, the Company's ability to monetize any such mineral resources; and changes in environmental and other laws or regulations that could have an impact on the Company's operations. Forward-looking statements are based on the reasonable beliefs, estimates and opinions of Boreal Metals Corp.'s management on the date the statements are made. Except as required by law, Boreal Metals Corp. undertakes no obligation to update these forward-looking statements in the event that management's beliefs, estimates o